

# Asian Expedition Pvt. Ltd

## Thamel, Kathmandu Nepal

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# Annapurna Base Camp Trek



Annapurna Base camp Trek goes to the hub of the Annapurna massif by following the Modi Khola river to its source. This is easy trek to compare other base camp trekking in Nepal. The first foregnier to enter the sanctuary became Col. Jimmy Roberts in 1956. You can enjoy a 360 degree panorama views at the base camp at 4310meters from Annapurna I awesome, round to machhapuchhere (fishtail 6993m), Gangapurna7455m, Glacier dome7193m,Annapurna south at 7219m and the Hiuchuli 6441m.

## **Trip Itinerary:**

## Annapurna Base Camp Trek:

Day 01: Arrival at the International Airport and then transfer to a good hotel in Kathmandu. This evening there will be short a brief about your program.

Day 02: Today world heritage Places are sightseeing like Kathmandu Darbar square, Pashupatinath temple, and Buddhnath Stupa which are related to the Hindu and Buddhist religions.

Day 03: Kathmandu to Pokhara (910m/2986ft.)

We Pick up you at the Hotel early morning at 6:30 am and to get the Tourist bus station.

Our bus leaves at 7 am for Pokhara. We drive to Pokhara by tourist bus, enjoying an afternoon sightseeing on the lakeside. From Kathmandu to Pokhara, it is about 206km and it takes 6 hours. Overnight at hotel.

Day 04: Drive to Naya Pul (New bridge), and trek to Tikhe Dhunga (1495m/4905ft)

After an hour's drive to Naya Pul, we then commence our trek to Birethanti, a large and prosperous town beside the Modi River. We head up the main trail to Sudami where we climb gradually up the side of the valley, reaching Hile (1495m) before pushing on to Tirkhe Dhunga. From here the trail crosses a stream and then ascends a steep stone staircase to the large Magar village at Ulleri (2070m). 3:30 hours overnight.

Day 05: Trek to Ghorepani (2850m/9350ft)

This is a pleasant walking day today. We trek through rhododendron and oak forests and across streams before making a short, final climb to Nangethanti. From Nangethanti we head up to Ghorepani (2850m). 5:30 hours. Overnight.

Day 06: Ghorepani to Poon Hill to Tadapani (2520m/8268ft)

An early start and an hour of hiking to Poon Hill (3195m) lead us to a brilliant spectacle, this vantage point provides an unobstructed view of sunrise over the high Himalayas including the Dhaulagiri range and Annapurna range. After spending about 40 minutes on the hillside, we come back to Ghorepani, have a hot breakfast, and start walking to Tadapani. From Ghorepani, the trail climbs along ridges and through pine and rhododendron forests to Deurali (2960m). We descend to reach Banthanti, before winding our way to Tadapani (2540m). 6 hours. Overnight.

Day 07: Tadapani to Chhomrong(2210m/7250ft)

Dropping down from Tadapani Gurjung the route offers good views of the upper Modi valley. The path then starts the long ascent high above the west bank of the Modi Khola. We then arrive in the village of Chhomrong (2210m) which lies tucked at the very base of Himal Chuli. Chomrong is the last permanent settlement in the valley (5 hrs. Overnight.

Day 08: Chhomrong to Himalaya hotel (2840m/8351ft)

From Chhomrong the trail descends until Chhomrong Khola, then the trail begins a slow climb as we head up to our first destination – Sinuwa. We then proceed to Kuldi Ghar (2470m) about 2 1/2 to 3 hrs walking. The trek now enters the upper Modi Khola valley. We can expect snow from here on in the winter months (Dec-February.) We continue our trek going down to Bamboo through an uninhabited forest area, scattered with big rocks. From Bamboo the road will take us through bamboo and rhododendron forests to Doban (2540m), we do our lunch here and still, walk a further 2 hours having huge fishtail mountains through the forest to get to Himalaya Hotel(6 hrs). Overnight.

Day 09: Himalaya hotel to Macchapuchhare Basecamp(3700m)

Soon cross the river and then hike up to Deuroli village with some guest houses. During this day if we are lucky we can see interesting wildlife like deer, jackals and peacocks. Here we will also have great views of Machhapuchhare Mountain (6997m) and you will understand why the translation of its name means fishtail mountain. We will stay overnight at Macchapuchhre (5:30 hrs). Overnight.

Day 10: MBC - Annapurna Base camp (4130m/13550ft) back to Dovan village (2630m)

Today early in the morning we walk to the Annapurna Base Camp to catch the sunrise view. This area is called the Annapurna Sanctuary since it is totally surrounded by mountains. From here it is a two-hour trek to Annapurna Base camp, which offers spectacular views. We spend one hour taking the best photogram and enjoying the great views and drinking hot tea/coffee with breakfast. Then descend to Dovan. It's easier as we descend the most part of our route (6 hrs). Overnight.

Day 11: Trek descends to Jhinuma Hot spring (1400m / 6hrs):

This trail descends to Jhinuwa hot spring and the way we walk through stone steps up to the Chhomromg village. And we walk down some 400 meters to Jhinuwa Danda. Where you can have a Natural Hot spring, take a good bath, and Just relaxed day.

Day 12: Trek from Landruk Village to Tolkha Resort (1700m), 4-hour's walk.

This is so interesting to walk through the rice field and with Gurung village, a typical Gurung land. Still, we have good views of Annapurna South, Himchuli, and the Modi River. Tolkha is a tiny village with lots of lodges but we walk a little further to the Resort, this is so comforting one among the trek.

Day 13: Trek to Pokhara via Dhampus village.

Today is our last walking day on our trip and we finished at the Dhampus -Phedi. Before completing the trek we walk via Deurali with an immense view if Annapurna south and Dhaulagiri mountains through the forest. Then we way go straight with a wide slope and you can view the Pokhara Phewa lake. For the most part we walk through the rice paddy, houses, and the whole Annapurna range. We take a taxi/Car from Phedi to Pokhara approximately half an hour to reach Pokhara. Enjoy an afternoon by boating on the Phewa Lake at Pokhara. Overnight at Pokhara.

Day 14:Drive back to Kathmandu by Tourist cozy bus. It takes 6hrs to be in Kathmandu valley.

Day 15: Today is your half-day sightseeing in Syambhunath Stupa and Budhanilkand temple. Later you can go for a shopping day or a rest day.

Day 16: Fly back to your home country.

Please view the Photos of the Annapurna base camp here

#### Cost Details:

The Starting price:

Per person: Euro 1530 per person minimum based on 2 people.

#### **Cost Includes:**

- . Annapurna Caonservation Permits,
- . Trekking Permits
- . Meals : Breakfast, Lunch, Dinner durng the trekking period.
- .4 night hotel in Kathamndu with standards rooms/ Breakfast.
- .2 night Hotel in Pokhara
- .Experienced Trekking guide and staffs.
- . All land transfers,
- .Airport Pick up and drop service,
- .Guide, staff insurances.

.Our Service charge.

#### **Cost Excludes:**

- . Personal equipment for trekking
- . Personal Insurance for travel to Nepal
- . Lunch & dinner in Kathmandu
- . Emergency Rescue evacuation during the trek in case needed
- . Personal expenses
- . Tipping (Tips) for guide & porter
- . Bar bills, Beverages,s and mineral water during the trek.
- . The cost not mentioned in the cost includes the list



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