



# Asian Expedition Pvt. Ltd

Thamel, Kathmandu Nepal

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## Pachhermo Peak(6273m)



Peak Pachhermo rises high above the TesiLapcha pass which is forming part of the Rowling himal. Since 1955, it had been climb by Dennis Davis, this peak being popular for those who really love the unspoiled trek through some of the wildest mountain scenery .The base camp is normally at Teshi Lapcha (5755m) A good physically conditions of each party member, good equipment and experiences in mountaineering are essential!. An amazing view over the Rolwaling, the Trakarding and Drolambau glacier as well as over the Khumbu was an ample reward for you.

### Trip Itinerary:

#### Pachhermo Peak(6273m):

Details Itinerary of Pachhermo peak and Teshi Lapcha Pass Trekking in Rolwaling Himalaya.

#### Day 1

Flight to Kathmandu and arrival in the early morning at the Tribhuvan airport in Kathmandu. We received a warm welcome by Tej, the manager of Asia Expedition. A short drive to the Kathmandu Prince Hotel located on the border of Thamel not far from Durbar

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Square gave us the chance to see the exciting city. Then for ten minutes walk, we were directed to the office of Asia Expedition located in the heart of Thamel to meet the men who will accompany us for the next three weeks of our adventure. Overnight in Lodge/Hotel

## Day 2

The final touch of preparations for our trek to Rolwaling. When I came to the office of Asia Expedition I recognized how carefully each piece of equipment was checked. We noticed that the porters had sufficient clothes and shoes for the upcoming trek but the idea of having only blankets for the night led us to the decision to rent sleeping bags for them as we would stay for at least three nights at an altitude above 4500 meters. Overnight in Hotel [Breakfast].

## Day 3

We met early in the morning in the office. The management with all porters and guides were present. The complete equipment was loaded on three rickshaws. Later, we drove through the empty streets to the bus terminal. Many different buses were waiting for their journeys to different places throughout Nepal. While waiting for the passengers, last minute repairs were carried out and a man with a bucket full of grease walked from bus to bus and offered his service. In one of the numerous tea stores, we had a last cup of tea before we left the capital of Nepal.

Along the way, the bus had to stop and to wait for more passengers that the journey took about 10 hours. On the way, we noticed that the roads became smaller and the corners are getting sharper. Until finally the bus left the paved road and we followed the road through a small valley. Time after time the road was high above the bottom of the valley. The bus passed some breathtaking waterfalls which were part of the sceneries.

It was evening when we reached our final destination: Gongurkhola River where we found ourselves in a small hotel. Overnight in Lodge/Hotel [Breakfast, Lunch, Dinner].

## Day 4

After a good and tight sleep, we enjoyed our breakfast in our modest hotel. Later we started off our first stage. For the first hour, we went after the road next to a wild river. Then, we left the road and continue our journey by crossing the river through a bridge. When we arrived to the other side of the valley to the humble village of Simigaon after about two more hours, we finally reached this small and quiet place. We didn't waste any

time and we began to put up our tents on the meadow of a small tea shop above a gumpa. From there we had a sensational view of the valleys of the Tama Koshi River and the Rolwaling. Overnight in Lodge/Hotel [Breakfast, Lunch, Dinner].

#### Day 5

We started our day with a breakfast in the early morning and breakfast in the teashop prepared by our cook Bisu. The footpath follows the valley with moderate gradients. While walking through wood, we got the chance to enjoy sounds of the water of the river several hundred meters below. The old path connects the small villages of the Rolwaling valley with the road to Chariot. But we met very few of people. Compared to other valleys the Rolwaling is still an undiscovered valley. We had a hearty lunch of Dal Bhat - a traditional Nepalese meal. Not long after, we have arrived our today's target, a small lodge where we put up our tents. Apart from us, there was only a young couple in this lodge. The weather turned into rain as we started our trip during the last days of the monsoon in the last days of September. Overnight in Lodge/Hotel [Breakfast, Lunch, Dinner].

#### Day 6

In the early morning, we continued our journey. First, we followed the contour line and later we went on a steep path down to cross the river (which we crossed later). The bridges generally were in very good conditions but they were located on different places than shown in the map. In the late afternoon we reached the village Beding. The main village of the valley is just below the snow line. The kitchen was established in the ground floor of a lodge where we sat in the dining room in the first floor to enjoy our tea and biscuit. Overnight in Lodge/Hotel [Breakfast, Lunch, Dinner].

#### Day 7

The appearance of the valley changed more and more. It became wider and was not more deeply cut in. Also the vegetation changed. There were no longer trees but only bushes and grass. On different places, cows, goats and sheep were grazing. The sun was shining again on a deep blue sky. After about three hours, we reached Na. In the afternoon, we had a short walk through the village in which people tend to live only during summer. During the winter, they live in the snow free village Beding where they normally have their winter residences. Overnight in Lodge/Hotel [Breakfast, Lunch, Dinner].

#### Day 8

Rest day but our guide Khadka Panta offered us to walk through the Milk Lake (Dudh Pokhari) on the north side of the Rolwaling valley. First, we walked through a pathless area and later we climbed a moraine. From there we had a fascinating view of the Tso Rolpa on our right and of the Milk Lake on our left. The sky was dark blue again. In a strong contrast we gaze at the snow capped mountains. On the bank of the lake was a small Stupa surrounded by many prayer flags. According the traditions we surrounded the lake clockwise. Overnight in Lodge/Hotel [Breakfast, Lunch, Dinner].

#### Day 9

A not too spectacular ascends to the Yalung Ri base camp. To walk around the camp and have a rest. Later will be preparing to climb the Yalung Ri Peak. Overnight in Tents [Breakfast, Lunch, Dinner].

#### Day 10

In the early morning around 4 am, we started off to the Yalung Ri. First we walked through the blocks of stone. Then we came to the glacier to cross. Behind the glacier, the final ascent through a mixture of snow and of scree. It was difficult to find any foothold. For each step forward, we had to make two. Later we went from the base camp down into the Rolwaling and climbed up the moraine of the Tso Rolpa. About 30 minutes into the eastern direction on the south side of the lake, we found a nice place for our camp. Overnight in Tents [Breakfast, Lunch, Dinner].

#### Day 11

As requested by the porters, we had one more rest day to breathe for the exhausting stages of the next days. Overnight in Tents [Breakfast, Lunch, Dinner].

#### Day 12

Walking on the south bank of the Tso Rolpa Lake, the path was not too difficult and seemed to be much safer than the old path on the north side where rock fall made the trek to a dangerous experience in the past. Later, we entered the Trakarding glacier. There we walked in a steadily up and down until we reached the glacier camp. We can try to set up the tents in the narrow where the larger rocks. Meantime (after two rest days and the two day on the Yalung Ri) two other groups of mountaineers were walking around us. It made it more difficult to find a place for the tents in the glacier camp. Overnight in Tents [Breakfast, Lunch, Dinner].

## Day 13

We planned to start not too early as we only want to walk for a few hours to a camp on the foot of the Teshi Lapsa. But dark clouds were approaching and climbing sherpa Kaila Tamang urged for a fast departure. After a few minutes on Trakarding glacier, we have to climb to the higher located Drolambau glacier. We had to use fixed ropes. The climbing Sherpa's of the small German group and we decided to prepare only one rope for both groups. This saved a lot of time for all of us. Later snowfall started and it became more and more heavy. However, we reached the camp very early and our climbing Sherpa decided to start the ascent to the top of the pass in the afternoon as the weather for the next 24 hours will almost be unpredictable. And after a few hours of heavy snow fall, the further way but also the way back might be obstructed by snow. In a light snow fall we started the ascent. For several times, the climbing Sherpa established a fixed rope to make it easier for the porters with their heavy weight at the back. A strong wind came up. Carefully, we watched for crevasses. The white of the snow on ground, in the sky and the grey clouds were mixed to a low-contrast sceneries that made it more difficult to recognize from the distance where the pass is located. With the last daylight, we reached the pass and put our tents up in the camp. Overnight in Tents [Breakfast, Lunch, Dinner].

## Day 14

Next day, we started out our attempt to reach the summit of the Parchermo Peak (6273m). First we had to walk about one hundred meters to the pass where the ascent starts. Behind us, another climbing Sherpa was preparing a fixed rope for his party. The way was steep but climbing Sherpa Kaila was walking slow but steadily therefore it is not too difficult to follow him. The technical demands were not too high. But good physically conditions of each party member, good equipment and experiences in mountaineering were essential! After about five hours of struggle, we safely reached the summit. An amazing view over the Rolwaling, the Trakarding and Drolambau glacier as well as over the Khumbu was an ample reward for us. After a short break, we find our way back to the camp.

After a lunch break, we continued our way into the direction of the Khumbu. The way was almost pathless and strenuous. With the help of fixed ropes, the most difficult passages were defused. Later around 4 pm, a lonely hiker crossed our way. After a while he turned back and followed us. Without saying "Hello" he asked for a cigarette. Unfortunately, none of us had one stick to offer him. In return we asked him where he came from and where he planned to go. Consequently, he said that he wanted to cross Teshi Lapsa Pass (5755m). We were warned as this is not the right destination to start an ascent in the late afternoon. He showed us his almost outdated map and the distances he made every day. But he couldn't imagine what it means to cross such a pass and the glaciers around this

pass. Maybe he was naïve since it was his first stay in such an environment. Maybe he suffered already from altitude sickness. It was almost impossible to convince him not to go. Finally the climbing Sherpa told him that he has nothing to do there and that he should better go back to the next village otherwise he would die. Overnight in Lodge/Hotel [Breakfast, Lunch, Dinner].

#### Day 16

Down to the Thame. During a lunch break we heard that the lonely hike knocked around 10 pm on the door. Overnight in Lodge/Hotel [Breakfast, Lunch, Dinner].

#### Day 17

Thame to Namche Bazar. On the way down we met many groups of people fighting the thin air with their weight. Khumbu and Everest base camp are becoming more and more a touristic appearance. In Namche, it was difficult to find a hotel that accepted tent as accommodations on their ground. Finally, we found one. When we told the owner that we come from the Rolwaling and that we crossed the Teshi Laps he became a little bit sentimental. Later his son asked him in which direction the pass is located and he just pointed with his arms in the direction. It was noticeable to whomsoever we talked about our trek people spoke only about "THE" pass and never used the name. Overnight in Lodge/Hotel [Breakfast, Lunch, Dinner].

#### Day 18

On well-known steps down into the direction of Lukla. Thousands of tourists are walking here each week. Between them porters carrying construction material (even the wood) to build new lodges in the Khumbu. We stayed overnight and had a first shower in a nice guesthouse in Phakding. Overnight in Lodge/Hotel [Breakfast, Lunch, Dinner].

#### Day 19

Down to Lukla. As we were about to end the trip in the first days of the season we were lucky to caught immediately a flight to Kathmandu. After a short flight, it was nice to come back to the hotel in Kathmandu and to find some rest there. Overnight in Hotel [Breakfast].

#### Day 20

Sightseeing in Kathmandu which offered a wide variety like Pashupatinath, Boudhinath and many other interesting places. Overnight in Hotel [Breakfast].

Day 21

Flight back to home country Germany.

Note: This Itinerary is designed by our Nepal experienced client Mr. DANIEL who had successfully climbed this peak & Crossed the Teshi Lapsa Pass in september- October 2011.

He is described here his actual feelings of Nepali Staff, the people, the places, mountains and organization of our Trekking company. I hope that you liked this great experience with details on Pachhermo peak climbing & Tesilapcha Pass Trekking. But we are always flexible about the route/ itinerary of this Peak climbing as per your wish or time bound. Please just let us know. Thank you.

## Cost Details:

Cost on Fully Camping Trek Basis :

Minimum Pax size : 2 pax

Price: Euro 2700 per person =(USD 3200)

Guarantee service provided for this climbing

## Cost Includes:

- Airport / Hotel transfers
- 4 night hotel in Kathmandu.
- Three times meals in a day (Breakfast, Lunch, Dinner) with hot beverage and snacks whilst on trekking.
- Tented camp accommodation whilst on trekking.
- Sagarmatha National Park entry and Pachhermo peak royalty fees.
- All necessary staff with an experienced fluent English speaking trekking and expedition Climbing guide trained and licenced by Nepal Mountainering Association (NMA), cook .
- Highly experienced trekking porters to carry luggage (30 kg Max).
- Staff food, accommodation, clothing, salary & insurance.
- All necessary ground transportation.
- All governmental paperworks and procedures.
- All government and local taxes.

## Cost Excludes:

- High Porter equipment.

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- International airfares, extra baggage and cargo charges
- Meals and extra night (more than stated in itinerary) accommodation in Kathmandu.
- Visa fee for Nepal.
- Personal expenses
- Personal expedition equipment.
- Bar and beverage bills.
- Your Travel and rescue Insurance.
- Rescue & Evacuation costs.
- Gratitude (tip) for staff.



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