



# Asian Expedition Pvt. Ltd

Thamel, Kathmandu Nepal

Web: [www.adventuremountains.com](http://www.adventuremountains.com), Email: [adventuremountains@gmail.com](mailto:adventuremountains@gmail.com)

Phone: +0977-1-4258373, +0977-9841379821

## Tent-Tharpupeak(5663m) climbing



Peak Tent(5663m) lies north from Pokhara with excellent view of whole Annapurna and Machhapuchre mountains. This Peak also known as Tharpu Chuli peak, offers the short trekking peak climbing experience - way beyond simply trekking. There are some steep and ridge climbing sections that make this climb very interesting. The view from the summit of Tent Peak is arguably one of the best Himalayan vistas. The wild and stunning Annapurna Sanctuary offers the spectacular panorama of many 7000 and 8000 meters awesome Himalayan peaks. For this climbing, you have to know the knowledge of climbing like Rock, sailing the ropes, using the harness and crampons. Also a hard exercise and a good shaped is required.

### Trip Itinerary:

#### Tent-Tharpupeak(5663m) climbing:

Day 01: Arrival at the International Airport and then transfer to a good hotel in Kathmandu. This evening there will be short a brief about your program.

Day 02: Today world heritage Places sightseeing like Kathmandu Darbar square, Pashupatinath temple and Buddhnath Stupa which are related to Hindu and Buddhist religion. [B]

Email:  
[adventuremountains@gmail.com](mailto:adventuremountains@gmail.com)  
[info@adventuremountains.com](mailto:info@adventuremountains.com)

Asian Expedition Pvt. Ltd.  
G. Post box No: 20377 Thamel  
Kathmandu Nepal  
[web:www.adventuremountains.com](http://web:www.adventuremountains.com)

Phone:  
+0977-1-4258373  
+0977-9841379821

Day 03: Kathmandu to Pokhara (910m/2986ft.)

We Pick up you at the Hotel an early morning at 6:30 am and to get Tourist bus station. Our bus leave at 7 am to Pokhara.We drive to Pokhara by tourist bus, enjoying an afternoon sightseeing on the lakeside. From Kathmandu to Pokhara, it is about 206km and it takes 6 hours. Overnight at hotel.[B

Day 04: Drive to Nayapul then trek to Ghandruk 1,730m.

After breakfast 2 hours drive to Nayapul and Bhirethati by the river, from here start walk through the nice village of Bhirethati coming across trekkers, mule and donkey trains, our route leads on ancient trail to Tibet by Trans-Himalayan Salt Trade Route, walking through farm lands and villages, waterfalls then reaching at Ghandruk village of Gurung tribe, famous as Gorkha soldiers in several foreign countries, besides being a soldiers there are traditional farmers and cattle herders of Buddhist religion. Ghandruk which is one of the largest villages around Annapurna area in the comfort of a nice cozy lodge after a day's good walk of four hours. [B

Day 05: Trek to Chomrong 1,951m – 06 hours.

From Ghandruk an hour walk uphill and then reaching to a ridge of Kimrong and then heading downhill through the cool forest of rhododendron and pines trees to Kimrong valley, after reaching the Kimrong valley an uphill climb for another hour from here all the way to the top of Chomrong village, a short downhill walk to the overnight stop at Chomrong village, this is the last permanent Gurung village and the gateway to Annapurna Sanctuary and Base Camp trekking. [B

Day 06: Chhomrong to Himalaya hotel (2840m/8351ft)

From Chhomrong the trail descends until Chhomrong Khola, then the trail begins a slow climb as we head up to our first destination – Sinuwa. We then proceed to Kuldi Ghar (2470m) about 2 1/2 to 3 hrs walking. The trek now enters the upper Modi Khola valley. We can expect snow from here on in the winter months (Dec-February.) We continue our trek going down to Bamboo through an uninhabited forest area, scattered with big rocks. From Bamboo the road will take us through bamboo and rhododendron forests to Doban (2540m),we do our lunch here and still walk further 2 hour having huge fishtail mountains through the forest to get Himalaya Hotel(6 hrs). [B

Day 07: Himalaya hotel to Macchapuchhare Basecamp(3700m)

Soon cross the river and then hike up to Deuroli village with some guest house. During this day if we are lucky we can see interesting wildlife like deer, jackals and peacocks. Here we will also have great views of Machhapuchhare Mountain (6997m) and you will understand why the translation of its name means fishtail mountain. We will stay overnight at Macchapuchhre (5:30 hrs). [B

Day 08: MBC - Annapurna Base camp (4130m/13550ft)

Today early in the morning we walk to the Annapurna Base Camp to catch the sunrise view. This area is called the Annapurna Sanctuary since it is totally surrounded by mountains. From here it is a two/three-hour trek to Annapurna Base camp, which offers spectacular views. We spend one hour taking best photogram and enjoying the great views and drinking hot tea/coffee with breakfast. [B

Day 09: Rest/acclimatization day

Day 10: Trek Annapurna Base Camp - Tent peak Base Camp (4450 m):

Walking Duration: 4 Hrs.

Passing through the glacier range, we trek further to the base camp of Tent peak. This area is mostly covered in snow. Then we trek down to the southern glacier of Annapurna. The outstanding views of the pointed peaks can be seen from here. Stay overnight at tented camp. [B

Day 11: Trek Base Camp - High Camp (5200 m):

Walking Duration: 5 Hrs.

We climb up to the high camp today from the base camp. The stunning scenery of the snow peaks as Annapurna South, Annapurna I, Himchuli and others offer their pleasing beauties. It is set around 5200 meters above sea level. We do some acclimatizing exercise and take rest. This day is expected more colder. Stay overnight at tented camp. [B

Day 12: Summiting Tent Peak(5663m), Return to High Camp:

Walking Duration: 8 Hrs. We wake up around 2 Am, having light breakfast with hot Tea/Coffee/water then we start to walk with headlight. Before start the climb there will be check that climbing gears are all in right condition.

We make a final ascent to the summit of Tent Peak crossing the glacial landscape. We have to use climbing equipment on our adventure today. The rope is fixed at the summit ridge. It has got a sharp summit. We enjoy taking spectacular photographs of the lifetime memories from the top (5663m). Then we climb down to the high camp. Stay overnight at tented camp. [B

Day 13: Spare day if in case bad weather or any circumstance happen.

Day 14: High Camp - Machhapuchre Base Camp:

Walking Duration: 5 Hrs.

Through the glacial route, we descend to Tent peak base camp. After reaching the base camp, we head further to the Machhapuchre base camp for overnight stay. There, we

celebrate the success of our successful ascent of the Tent Peak. Stay overnight at tented camp. [B

Day 15: Trek descend to Jhinuwa Hot spring (1400m / 6hrs):

This trail descend to Jhinuwa hot spring and the way we walk through stone steps up to the Chhomromg village. And we walk down some 400 meters to Jhinuwa Danda. Where you can have Natural Hot spring, taking a good bath, Just relaxed day. [B

Day 16: Trek to Landruk Village to Tolkha Resort (1700m), 4 hours walk.

This is so interesting walk through the rice field and with gurung village, a typical gurung land. Still we have good views of Annapurna South, Himchuli and the Modi River. Tolkha is tiny village with lots of lodge but we walk little further to the Resort, this is so comfort one among the trek. [B

Day 17: Trek to Pokhara via Dhampus village.

Today is our last walking day in our trip and we finished at the Dhampus -Phedi. Before complete the trek we walks via Deurali with immense view if Annapurna south and Dhaulagir mountains through the forest. Then we way goes straight with wide slope and you can view the Pokhara Phewa lake. Most part we walk through the rice paddy, houses and whole Annapurna range. We take a taxi/Car from Phedi to Pokhara approximately half an hour to reach Pokhara. Enjoy an afternoon by boating on the Phewa Lake at Pokhara. Overnight at Pokhara. [B

Day 18: Drive back to Kathmandu by Tourist cozy bus. It takes 6hrs to be in Kathmandu valley. [B

Day 19: Today is your last shopping day or rest day. [B]

Day 20: Fly back to your home country.

[B=Breakfast, L= Lunch, D= Dinner]

## Cost Details:

Please do contact us via email or directly mobile. Thank you.

## Cost Includes:

4 Night hotel in Kathmandu, 2 night Hotel in Pokhara

All trek hotel accommodation/lodges/guesthouse

Trekking and conservation Permits

---

Email:  
adventuremountains@gmail.com  
info@adventuremountains.com

Asian Expedition Pvt. Ltd.  
G. Post box No: 20377 Thamel  
Kathmandu Nepal  
web:www.adventuremountains.com

Phone:  
+0977-1-4258373  
+0977-9841379821

3nights in Camp tents

Climbing guide, Cook man, Trekking Guide & Porters and their Insurances.

Trekking and Climbing Map

3 times meals during the Trekking and Climbing period (Breakfast, lunch and dinner)

Car/ Jeep/Bus Land Transporatation in Kathmandu, Pokhara

Nepali staff insurances

## Cost Excludes:

Tips for Nepali crew members

Any kind of bar bills,

Anykind of alcoholic drinks, mineral waters,

Domestic flights Ktm/Pokhra-Pokhra/KTM if flights

not included items

Resque Charter



## Asian Expedition Pvt. Ltd.

G. Post box No: 20377

Thamel Kathmandu Nepal

Phone:+0977-1-4258373, +0977-9841379821

Emai:adventuremountains@gmail.com, info@adventuremountains.com

web:www.adventuremountains.com